

# CRUISE THE VINEYARDS OF SOUTHERN FRANCE WITH ALPHA OMEGA WINERY

7 Nights • May 15 to 22, 2025  
Arles to Lyon – Aboard AmaKristina



## DAY 1 EMBARKATION - ARLES, FRANCE

Board the ship for your Colors of Provence cruise. This evening, meet your fellow passengers for a Welcome Dinner. (D)

## DAY 2 ARLES

Considered one of the most beautiful cities in France, Arles enchants all with its tantalizing history, formerly a Roman center of trade. Join a guided walking tour where you'll visit the Roman ruins of Arles such as its Roman Amphitheater and the Church of Saint Trophime, famous for its Romanesque architecture.



Alternatively, you can enjoy a bike ride along the Rhône, through

town to the Langlois Bridge, a famous subject from several Vincent Van Gogh paintings. And for those who wish to delve further into Van Gogh's Arles, join a special walking tour along with a visit to the Vincent van Gogh Foundation, showcasing his legacy. During the afternoon, venture to Les Baux de Provence, a hilltop village and ruined castle. Enjoy time in the "old village," its shops, art galleries, and cafes interspersed among the historic ruins. You will also have a unique experience at the Carrières de Lumières, where you will be treated to a spectacular presentation of art, sound, and history projected on the walls of a former limestone quarry set to music. Next, visit an olive farm to learn about this age-old Provençal tradition and enjoy a tasting. Finally, experience the beauty of Saint Rémy de Provence, the location where Van Gogh painted some of his most famous paintings, including Starry Night. (B,L,D)

## DAY 3 AVIGNON

Avignon, aptly named the "City of Popes," was the center of the Catholic Church in the 14th century when its "Palais des Papes" was the equivalent of today's Vatican. Depending on your interests, you have three choices of excursions in the morning. Discover the history of Avignon on a guided walking tour that includes the Papal Palace and the well-preserved medieval walls surrounding the historic center of town, a UNESCO World Heritage Site. Or, you can visit three venues around Avignon to taste regional specialties including macarons, cheese and wine, and tapenades. Alternately, you can enjoy a bike tour through the city. During the afternoon, you can go to another UNESCO World Heritage Site, the impressive Pont du Gard, a Roman aqueduct that is a masterpiece of ancient engineering. (B,L,D)



## DAY 4 VIVIERS

Take in the quaint surroundings of Viviers, a charming commune that sidles up to the right bank of the Rhone. From Viviers, travel to the magnificent hilltop village, Grignan, and go in search of the highly prized "Black Diamond" truffles with a farmer and his trustworthy canine companion. You can also explore Viviers on a guided walking tour, where you'll see iconic sights such as Saint-Vincent Cathedral. Or stretch your muscles on a hike to Viviers' St. Vincent Cathedral, taking in beautiful views of the Châteauneuf du Pape dam, the Donzère Gorge and the town of Montelimar with its magnificent château. You can also set off on a guided bike tour, exploring the beauty of Southern France as you ride along the Rhône River. (B,L,D)



## DAY 5 TOURNON

Take a steam train ride past magnificent landscape carved along the Gorge du Doux, stopping at the charming little station of Colombier le Vieux-Saint Barthélemy le Plain, where the train maneuvers in preparation for its return journey. Alternatively, lovers of wine and chocolate will want to visit Le Château de Tournon for a presentation and tasting on the pairing of red wine and chocolate. For a more active adventure, take a hike through the vineyards of Tain l'Hermitage, followed by a visit to a local winery where you'll sample some of the wines. (B,L,D)



## DAY 6 VIENNE

Situated between the wine regions of Beaujolais and Côtes du Rhône lies Vienne with a Roman past that can be seen in its marvelously preserved ruins. Follow the footsteps of the ancient Romans on a walking tour to see the amazingly well-preserved Augustus and Livia Temple, the Saint Maurice Cathedral, a Gothic church that took more than 500 years to build, and St. Pierre Abbey—one of the oldest surviving churches in France, and now an Archaeological Museum. For those wishing to be more active, you can either take a guided hike from the ship to the Monastery at Mount Pipet or a guided bike tour along a portion of the ViaRhôna bike route. (B,L,D)



## DAY 7 LYON

Take a walking tour that starts in Fourvière Hill, part of the city's historic region that is now a designated UNESCO World Heritage Site and home to the 19th-century basilica Notre-Dame de Fourvière. Continue on to the old town of Lyon, followed by a guided walk through the St. Jean district, where you will be introduced to the city's unique covered walkways, known as "traboules." You can also visit the famous indoor market hall Les Halles de Lyon – Paul Bocuse, named after the late chef renowned for his Michelin-starred l'Auberge du Pont de Collonges restaurant. There you'll have a chance to sample of the delicacies offered by butchers, bakers, chocolatiers and cheesemongers while taking in the colorful sights and enticing aromas around you. Alternately, join a guided bike tour through the city designed with cyclists in mind. Later in the day, visit a traditional Beaujolais winery and learn the history and techniques of their vineyard. Plus, enjoy a tasting of their specialty. (B,L,D)



## DAY 8 LYON

Disembark the ship in Lyon and bid farewell as you prepare for your flight home. (B)

*Itinerary subject to change.*