



RIVER CRUISE FOR WINE LOVERS

Sbragia Winery

Aboard the AmaVida • 7 Nights • July 5 to 12, 2022

Porto • Entre-os-Rios • Régua • Lamego • Pinhão • Barca d'Alva • Vega de Terrón



DAY 1 EMBARKATION - PORTO

Embark your ship in Porto and meet your fellow travelers on board. (D)

DAY 2 PORTO

Join a guided tour of Porto's historic quarter, a UNESCO World Heritage Site. You'll see the Cathedral, one of the city's oldest monuments; the main square, ringed with shops and cafes; and the São Bento Railway Station, known for its blue and white tile panels depicting scenes from Portuguese history. You'll also enjoy a tasting of port, Portugal's most renowned contribution to the world of wine. For the more active adventure, join a hike in Porto and explore the old harbor quarter, passing through the medieval streets of Porto. (B,L,D)



DAY 3 ENTRE-OS-RIOS

Entre-os-Rios translates to "between the rivers," and this small village is, quite appropriately, located at the confluence of the Tâmega and Douro rivers. For an authentic slice of Douro River life, enjoy a traditional "home-cooked" meal at a local quinta. (B,L,D)

DAY 4 RÉGUA

Begin your day with a tour of the 18th-century Palacio Anadia, or Palace of the Counts, known for its beautiful interior and Baroque style. Inside the house, you'll see intricate panels of blue and white tiles throughout the rooms and a striking vaulted ceiling that retell the history behind the palace. (B,L,D)



DAY 5 RÉGUA – PINHÃO

Venture to the town of Lamego, where you'll see the "Sanctuary of Our Lady of Remedies" on a city tour or climb the 686-step "Holy Staircase," beautifully decorated with white and blue tiles, to the top on a guided hike. Whichever excursion you choose will conclude with a tasting of local specialties such as Bôlas de Lamego, bread filled with smoked ham; Presunto, a type of dry-cured ham; and Espumante, a Portuguese sparkling wine. Later in the day, cruise along the scenic Douro to Pinhão, where a wine tasting will be waiting for you in a local quinta. (B,L,D)



DAY 6 PINHÃO

Embark on a leisurely walk to the charming Pinhão Railway Station, a stunning train station along the Douro Line, one of the most iconic rail journeys in Portugal. The station's main building is revered for its 25 tile panels, all in shades of blue, that depict scenes from the Douro region. Afterward, enjoy an exclusive lunch at Quinta da Avessada, where you'll enjoy an authentic and traditional dining experience complete with entertainment. The warm, spirited hospitality of this family-run quinta is quite special as you will discover. Several family members play in a band, and while dining, they will entertain you. Quinta de Avessada is also a fascinating interactive museum commemorating the history and culture of wine in the Alto Douro region, so you'll have fun discovering all the various stages of wine production as well as doing plenty of tasting. Later in the day, indulge in some free time to explore the town on your own. (B,L,D)



DAY 7 BARCA D'ALVA, PORTUGAL

Venture to Castelo Rodrigo, known as the "White Village" because of its almond trees. The site offers spectacular views of the surrounding area and as far away as Spain. Join a walking tour through its medieval streets and see the houses and establishments with 16th-century facades and Manueline style windows. Prefer a more active adventure there, you can hike to the town. At the end of both tours, enjoy a tasting of local favorites, such as almonds, cheese, bread and wine. (B,L,D)



DAY 8 VEGA DE TERRÓN –DISEMBARKATION

Disembark your cruise in Vega de Terrón. (B)

Itinerary is subject to change.